

# FAMILY LEGACY AND MARRIAGE ENRICHMENT PROGRAMS

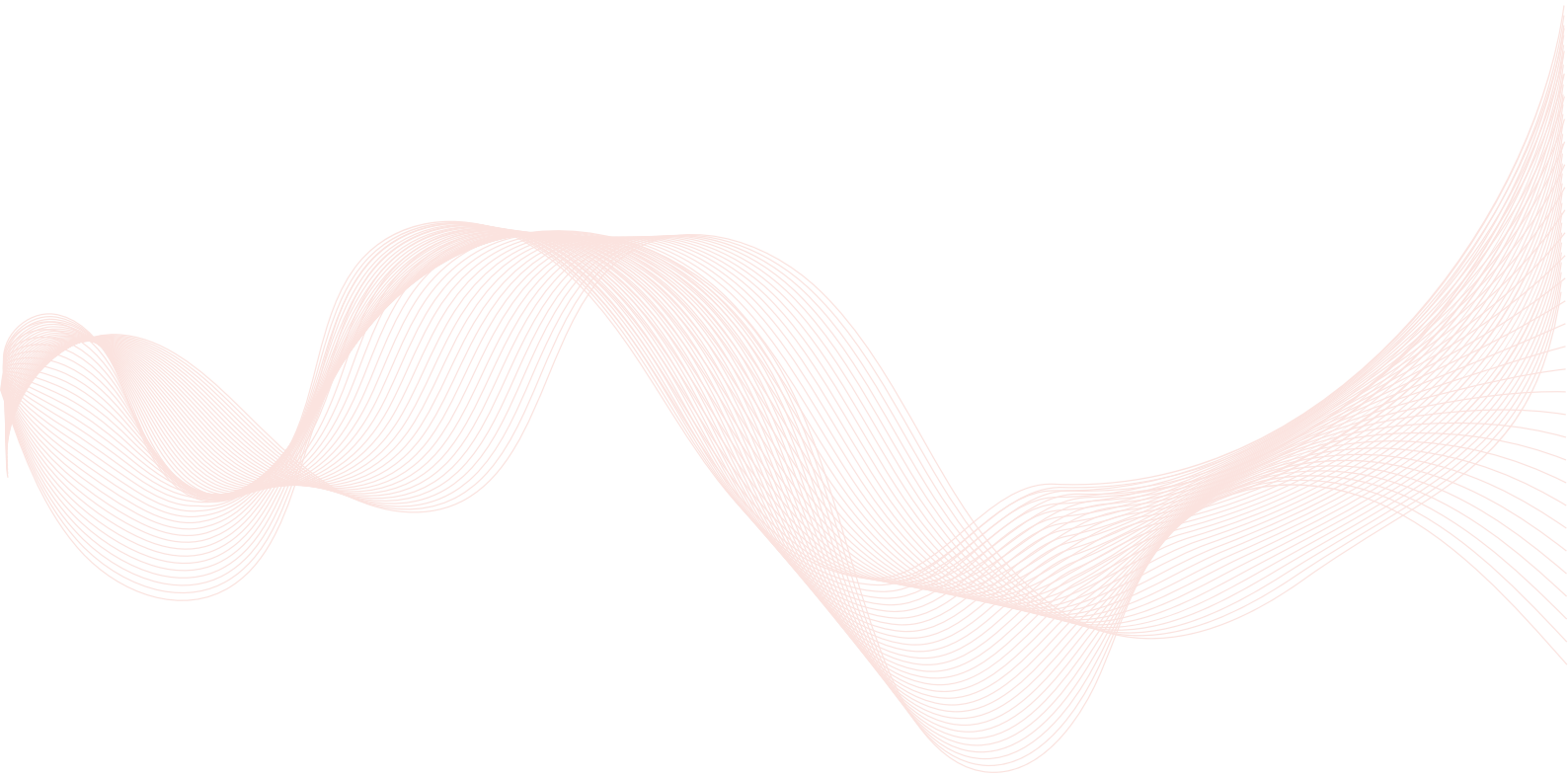
## OVERVIEW



“

FAMILY STRENGTH FLOWS  
FROM A FOUNDATION OF  
LOVE, FORTIFIED BY THE  
RESILIENCE WE SHARE AND  
THE TRIALS WE ENDURE  
TOGETHER.

”

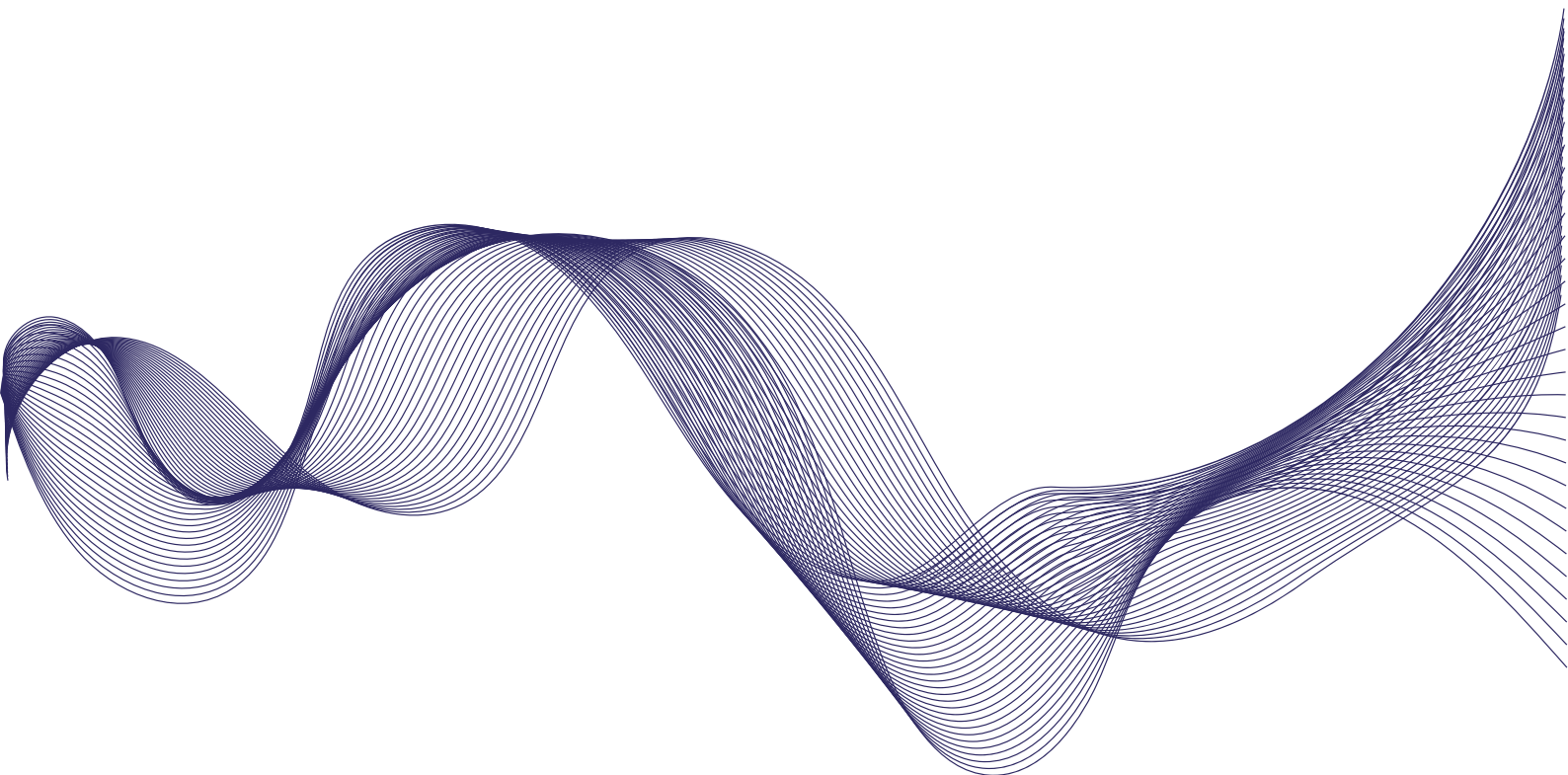


# FAMILY LEGACY AND MARRIAGE ENRICHMENT PROGRAMS

The Family Legacy and Marriage Enrichment Program (FLMP) is an all-encompassing initiative to bolster family units and prepare individuals for marriage. This program not only focuses on enhancing existing marital relationships through targeted counseling and developmental activities but also integrates family succession planning.

By educating young individuals and couples about the dynamics of marriage and the importance of planning for future generations, FLMP helps foster enduring family legacies.

The program emphasizes developing positive characteristics essential for successful, fulfilling relationships and preparing participants to handle the responsibilities of family life and succession effectively.





## MARRIAGE PREPARATION AND ENRICHMENT

### Couples Counselling

Regular sessions with licensed marriage and family therapists to address relationship issues, improve communication, and strengthen emotional bonds.

### Conflict Resolution

Practical workshops teaching techniques for resolving conflicts constructively and maintaining harmony within the family.

### Parenting Support

Guidance on effective co-parenting strategies and fostering a nurturing environment for children.

### Enrichment Activities

Organized events for couples; Retreats and workshops for deepening relationships and building resilience., and Communication skills training on active listening, empathetic communication, and expressing needs effectively.





## YOUTH MARRIAGE READINESS

### Personal Development

Sessions aimed at helping young people develop self-awareness, emotional intelligence, and other qualities conducive to a healthy marriage.

### Relationship Education

Education on the dynamics of healthy relationships, including mutual respect, trust, and shared responsibilities.

### Mentorship Programs

Pairing young individuals with married couples who provide guidance, share experiences, and offer insights into married life.



## FAMILY SUCCESSION

### Succession Planning for Families

Preparing for succession in a family business is a critical process involving logistical planning and addressing the emotional and psychological components of the transition. One significant challenge is overcoming Founder's Syndrome, where the founding member may struggle with relinquishing control.

The founder needs to delegate responsibilities and trust the next generation's capabilities gradually. Preparing beneficiaries involves thorough training and immersion into the business's operations, ensuring they understand the core values and the vision of the enterprise. They should be made aware of key issues they may encounter, such as resistance to change within the company, managing expectations of non-family employees, and maintaining the balance between honoring legacy practices and implementing innovative ideas.

Addressing these elements thoughtfully will pave the way for a smoother transition and sustainable future for the family business.





## SUPPORT

### Community Support

**Support Groups:** Facilitated group meetings where couples and individuals can share experiences, seek advice, and build a community of support.

**Resource Library:** Access to books, articles, and online materials covering various aspects of marriage, family life, and personal development.

**Guest Speakers and Expert:** Sessions with experts in marriage and family therapy, relationship coaching, and personal development.



# CONTACT US

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